

AlterEgo Creative Solutions Ltd

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Invictus

Raising awareness, kick-starting conversations and building resilience around childhood adversity - and the behaviors and core skills that can be nurtured to help young people overcome and mitigate the damage of toxic stress and successfully navigate a whole host of critical life moments.

Target audience:-

- Young people (year 8+)
- Parents, carers, teachers & professionals working with young people

Length

- 55 mins long (including a short post-show talk)

'Invictus' is an innovative & powerful new play from the creative team behind the hugely successful 'Chelsea's Story'.

The play aims to:-

- Raise awareness of the differing forms of childhood adversity
- Raise awareness of the core skills that can be nurtured to mitigate the damage of toxic stress
- Raise awareness of the core skill that can be nurtured to help young people overcome a whole host of critical life moments.
- Inspire hope and resilience amongst young people that may be experiencing adversity in their lives.
- Sign-post where young people can go to for help and advice.

For adult audiences it also:-

- Raises awareness in more detail of the damaging effects of toxic stress on young people's development.
- Raises awareness in more detail of the environments that can be nurtured to help young people develop core skills.

Costs for 2020

- 1 week (up to 10 shows) £5,030+VAT
- 2 week (up to 20 shows) £8,860+VAT (equivalent of £4,430 per week)
- 3 week (up to 30 shows) £12,700+VAT (equivalent of £4,234 per week)
- 4 week (up to 40 shows) £16,530+VAT (equivalent of £4,133 per week)
- Extra weeks (up to 10 shows) charged at £4,000+VAT per week
- Conference/Training/One-off Performances (up to 3 shows in a day) = £1,150+VAT

When booking a week you are paying for the delivery of 10 shows during each weekly block. We cannot do more than 2 venues in any one day (unless the 3rd venue is for an evening show) and we cannot do more than 1 evening show each week. When booking one-off days you are paying for up to 3 shows in that day. The 3 shows can be split between 2 venues. We cannot travel to 3 different venues within one working day (unless the 3rd venue is for an evening show).

All we need is a performance space roughly 4m x 4m, 2 chairs, a small table and somewhere to plug in our sound system. The cast do not use mics so performance venues must be suitable for unamplified voices. The cast aim to arrive one hour before the show start time to set up and take about 30 minutes to pack down.

**If you would like to find out more
please email
alteregocreativesolutions@gmail.com
or go to www.alteregocreativesolutions.co.uk**